

## **Rebuilding You Now**

“Now” spelled backwards is “won.” If you start now to rebuild, you can win.

Last week we talked about rebuilding and staying anchored with Christ in your purpose, courage, worship, and church.

Ask yourself this question: Is what you’re hooked to stronger than what you’ll go through?

### **1 Peter 5:8-9**

#### **Questions to Ask Yourself**

- Are you letting down your guard?
- Are you listening to the voice of fear?
- Are you wavering in your faith?
- Are you feeling like you want to quit?
- Are you becoming negative in your talk?

The biggest area that the enemy loves to attack is your mind, your thoughts, and your words.

Your mind thinks it, then your mouth speaks it. What is coming out of your mouth that your mind is saying?

When you have this positive mindset, you cannot be defeated.

A negative mindset will limit your life.

We all have tough times, but the right mindset is “This is not permanent. It’s only temporary.”

### **Proverbs 18:21**

The tongue only speaks what the mind tells it to.

Your mind and your thoughts control your emotions, feelings, and joy level.

Many believers are eating rotten fruit because of what’s coming out of their mouth.

It’s not your circumstances that make you negative; it’s your attitude or mindset about those circumstances.

Some of us need a checkup from the neck up.

### **Romans 12:2**

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### **Romans 12:2**

## The Patterns of This World

- Always complaining
- Always upset
- Always critical
- Always negative
- Always judging

We as believers are founded in our faith, trust, and belief in God that everything is going to work out.

To be transformed means to be turned inside out from the old way of thinking to a new way of thinking.

The renewing of your mind means taking in a new mindset and a new thought process.

When you're positive you're passing the test, you're saying "God, I trust you. I know you're fighting my battles."

If you are not happy where you are, you won't get where you want to be.

Positive people have made up their minds to enjoy life. They focus on the possibilities and not the problems.

Happiness is all about your approach to life. One man gets up and says, "Good morning, Lord." Another man gets up and says "Oh Lord, it's morning." Which person are you?

You control what kind of day you're having. You're as happy as you want to be.

It's not your circumstances that keep you unhappy, it's how you respond to them.

### Colossians 3:1-2

Your life follows your thoughts. You're drawing in what you're thinking about; just like a magnet.

Choose to dwell on thoughts that empower you, inspire you, and encourage you to have faith, hope, and joy.

When your mind is filled with thoughts of faith, hope, and victory, you will draw in the good things of God.

## The Three D's for Success

- **Desire** – A desire to change your thinking, attitude, and your conduct.
- **Dedication** – To work on my thinking process each day.
- **Discipline** – Not quitting even when you make a mistake.

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