

## The Habit Wheel of Quitting Part #1

### The Quit List

- Quit our job.
- Quit on friendships.
- Quit school.
- Quit on God.
- Quit on our marriage.
- Quit on our kids
- Quit cleaning the house.
- Quit sports.

Quitting never sees the final product or end results.

Quitting is a sign that your exhausted and your energy is depleted.

Is your soul soiled?  
Your luster diminished?  
Your goals forgotten?

Have your fumbles and stumbles left you questioning your place in God's plan?

You might be down, but you are not out.

### Hebrews 10:35-36

Quitting usually happens when you feel like you failed at something.

### **Michael Jordan**

#### **On Failure**

1. "The key to success is failure."
2. "I've missed more than 9,000 shots in my career. I've lost almost 300 games. Twenty-six times, I've been trusted to take the game winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed."
3. "Failure makes me work even harder."
4. "I've never been afraid to fail."
5. "I know fear is an obstacle for some people, but it is an illusion to me. Failure always made me try harder next time."

#### **On Work**

6. "The minute you get away from fundamentals--whether its proper technique, work ethic, or mental preparation--the bottom can fall out of your game, your schoolwork, your job, whatever you're doing."

7. "If you do the work, you get rewarded. There are no shortcuts in life."

Failure sires' denial and denial wants to avoid the very one we need.

### **The Bible is full of famous failures.**

We call Abraham our hero, but he once refused to call his wife his wife.

Rahab is one of a handful of females in the genealogy of Jesus. She was also a madam in the world' oldest profession.

James and John were called Sons of Thunder before they were Apostles of peace.

Restoration is the second stanza in the anthem of second chances, so don't quit.

### **I Kings 19:1-9**

Elijah went from a hero to a zero, have you ever felt that way?

You were hero parents, great providers, strong leaders, then the bottom fell out.

### **I Kings 19:4**

Dying means quitting, quitting means dying to dreams, hopes, and desires of life.

Quitting is sometimes taking the easy way out, but is it the right way out?

### **I Kings 19:7**

In this journey of life, you will want to quit, give up, and strike out, but Gods not playing baseball.

No one ever said this journey would be easy but, in the end, it will be rewarding if you do not quit.

There is a reward waiting for you so don't quit.

### **Galatians 6:9**

Keep moving onward and upward towards your God and His rewards.

### **Are you ready to quit, why?**

- Are you not getting your way?
- Are you not getting what you want?
- Do you feel unqualified?
- Do you feel like you don't matter? YOU DO!

These 4 things are the biggest reasons why people quit. If you know your mountains, then speak to them, and don't quit.